



Volunteering in Wingecarribee

This booklet includes valuable information for anyone who wants to benefit themselves and their community through volunteering. Browse further and find out about the wide range of opportunities for volunteering in the Wingecarribee Shire.

You can give as much or as little time as you wish. You can also choose between regular volunteering, e.g. each week or fortnight, or offering to help with special events that may only occur once or twice a year.

The choice is yours.

Have a look through the following categories and when you are ready to start volunteering please give us a call on 4869 4617 or email volwing@bigpond.com.

We look forward to meeting you.

	Volunteering in Wingecarribee
Animals	Wildlife rescue, fostering and rehabilitation; Walking dogs.
Arts/culture/ history	Museum/gallery assistant, caring for the collections, assisting the public, selling goods in shop; Events management; Musicians, performers: Many organisations need entertainment at residential care homes.
Committees/board member/working group	Treasurer/book keeper, management committee member, office bearer. Most community organisations are incorporated associations or co-operatives managed by volunteer boards/committees.
Community Participation representative	Member of a working party reviewing community services, particularly health.
Computers/ Technology	IT assistant/data entry; Assisting seniors to use computers; Assisting people to use computers for research; Helping with an Internet Café; Using computers in activities for people in residential care; Recycling computers; Many community organisations need help and advice with IT issues.
Crisis/Emergency Relief	Helping provide emergency relief and support for people in crisis.
Disabilities	Supporting people with a mental illness, physical or intellectual disability, through friendship, socialisation, involvement in activities e.g. sporting, shopping or social; Respite care.
Education	IT assistant or trainer ; Adult literacy tutor; Youth centre tutor; Helping children with literacy.
Emergency/ Safety/ Rescue	During community emergencies, volunteers help in rescue operations and fire fighting; First aid; Providing welfare services in emergencies/disasters eg food, clothing, counselling
Environmental	Bush regeneration, tree planting and maintenance; Wildlife monitoring; Advocacy, lobbying.

Families	<p>Providing practical and/or emotional support in the homes of new families or families in need e.g. with disabilities, financial need;</p> <p>Cooking, collecting or delivering prepared meals to families in crisis;</p> <p>Assisting with group work for families with special needs.</p>
Financial	<p>Providing advice on credit issues;</p> <p>Assisting with the preparation of tax returns;</p> <p>Treasurer or book –keeper for a community organisation .</p>
Food preparation /hospitality	<p>Helping prepare and deliver meals;</p> <p>Serving food/tea room assistance.</p>
Fundraising	<p>Lobbying (many groups need this type of help);</p> <p>Events management: participation in planning, organisation and conducting of fundraising events;</p> <p>Letter writing, mail outs;</p> <p>“Friends of” groups/auxiliaries;</p> <p>Selling raffle tickets;</p> <p>Craft work for fundraising, e.g. knitting.</p>
Health and Palliative Care	<p>Providing support for the dying and their families;</p> <p>Providing support for patients and relatives with a severe medical condition e.g. stroke, hearing loss, cancer;</p> <p>Community participation representative on committees and working parties;</p> <p>Helping in a men’s health group;</p> <p>First aid: training and volunteering for duty at sporting and other events.</p>
Information Services	<p>Visitors/tourist information, assisting with mail outs, maintaining archives, tour guides;</p> <p>Helping at Tulip Time Festival.</p>
Maintenance/ Mechanical/ Technical	<p>Assisting with jobs around the house;</p> <p>Various property repair and maintenance tasks e.g. painting, making and repairing furniture;</p> <p>Building/modifying equipment/environment for people with a disability.</p>
Media	<p>Helping with a talking newspaper which is distributed weekly to people who are vision impaired or print disabled, e.g. narration and/or production;</p> <p>Training as a presenter or technical support on community radio.</p>
Office work	<p>Many community organisations need help with all types of office work:</p> <p>Office administration;</p> <p>Filing, mail outs;</p> <p>Word processing, spreadsheets, databases;</p> <p>Reception.</p>

Older People	<p>Assisting with respite care, visiting, socialising; Centre based activities and outings for older people; Helping at meal times in residential care homes; Welcoming and helping people settle in at residential care homes; Helping in the preparation and delivery of meals; Providing cosmetic care; Car driver, community bus driver/helper; Making daily telephone contact with older people who live alone and are socially isolated; Practical assistance e.g. paperwork or jobs around the house.</p>
Outdoor Work	<p>Bush regeneration, tree planting and maintenance; Wildlife monitoring; Helping in the rescue and support of injured wildlife; Walking dogs at the community animal shelter; Gardening, lawn maintenance; Assisting with outdoor activities e.g. for young people; Helping set up play areas for children; Handyperson support.</p>
Retail	<p>Charity opportunity shops need volunteers as sales and warehouse assistants; Helping run an Internet Café.</p>
Sport	<p>All sporting clubs and organisations have many volunteering opportunities: Referees/umpires, officials; Fundraising and administration; Helping with sports activities e.g. scoring, providing food, equipment; Coaching; Cricket museum assistant.</p>
Transportation	<p>Delivering meals to people who are frail, elderly or living with a disability; Bus drivers/helpers; Car drivers needed to drive people to appointments and activities.</p>
Young People and Children	<p>Supporting young people to get them involved in community projects; Helping children learn to read; Working with children and teenagers with a disability; Helping young people in crisis; Youth group assistant; Mentoring/supporting young people to find employment or undertake training; Child care; children's group work; mentoring of children; Providing practical support and friendship, primarily in the family's home, to families with young children.</p>